

Kamloops Riverside Lawn Bowling Club  
Communicable Disease Prevention Plan  
July 11/2021

**PREAMBLE:**

As COVID-19 vaccinations have become widely available to British Columbians the overall risk of COVID-19 transmission and serious consequences has diminished. Despite this, the virus will still circulate like other communicable diseases.

It is the responsibility of each lawn bowling club to prepare and implement a Communicable Disease Prevention Plan (CDPP). The purpose of the CDPP is to identify on-going measures that may reduce the risk of communicable disease transmission at the lawn bowling club. The CDPP need not be lengthy or complicated. The intent is to provide basic principles and procedures to reduce transmittal risks.

The CDPP can either be expressed by narrative or pictorially. We have chosen the use of posters to explain easy methods of reducing the risk of communicable disease transmission.

**DEFINITION:**

A *communicable disease* is an illness caused by an infectious agent or its toxic product that can be transmitted at a lawn bowling club from one person to another. Examples of communicable diseases that may circulate in a lawn bowling club include COVID-19, norovirus and season influenza.

**COMMUNICABLE DISEASE PREVENTION PLAN:**

The lawn bowling club will exercise whatever preventative measures that they choose in excess of the posting of the attached posters. The purpose of the CDPP is to reduce the possible transmission of a communicable disease and to make the lawn bowling club members feel safe in attending the club and participating in bowls and other social activities.

Below are a set of standard precautions to minimize the risk of spreading infectious diseases. Our club will adhere to the following precautions:

- Have a supply of alcohol-based (65–95%) hand sanitizer readily available for members, visitors and volunteers to use.
- Stay stocked on disposable wipes to clean surfaces (at least every other day, if possible) in our clubhouse (e.g., door handles, water fountains, tables, computer equipment, food preparation surfaces, phones, chair arms, etc.).
- Post hand washing reminder signs in all bathrooms and food preparation areas.
- Require all individuals involved in food preparation and service to begin by thoroughly washing their hands. Food preparers and servers are also encouraged to use gloves.

- Conduct quarterly education for volunteers on healthy hygiene practices that include washing with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing.
- If soap and water are not available and hands are not visibly dirty, use an alcohol based hand sanitizer that contains at least 65% alcohol.
- Require members to stay at home when sick, even without documentation from doctors. Insist that anyone who has a contagious illness or potentially contagious illness refrain from attending or volunteering in any capacity.
- Insist that adult caregivers and first aid providers with open sores on their hands wear protective gloves.
- Insist that adult caregivers and first aid providers wear gloves when exposed to bodily fluids and follow standard precautions as established.
- Insist that items soiled by bodily fluids be placed in sealed plastic bags.

The attached posters are to be posted in relevant locations throughout the facility including kitchens, washrooms, grounds entrances and other gathering locations. Clubs may use whichever of the attached posters they choose or may provide other suitable alternatives provided that the contents/information contained in the attached posters is made available to club members, volunteers and visitors.

The attached posters can be printed and laminated for outdoor use.

**Poster 1:**

Food Safe – Hand Washing

Poster to be located in kitchens in proximity to sinks and food preparation areas.

# PLEASE WASH YOUR HANDS

*Washing your hands is the most important step in food safety*



**WET HANDS**



**USE SOAP**



**RUB HANDS TOGETHER**  
20 seconds



**RINSE HANDS**



**DRY HANDS**



**TURN TAP OFF USING TOWEL**

*Everyone is part of producing safe & healthy food*

**Poster 2:**

Stay Home if you are not well.

Poster to be located at all entrances of the bowling club grounds.

# If You Are Sick Don't Go...

SCHOOL



LESSONS



WORK



PRACTICE



OUT TO EAT



SHOPPING



# Stay Home!

Stop the Spread of Germs.

## **Posters 3, 4 and 5:**

Basic Rules.

To be placed at various locations throughout the facility.

# Concerned About **INFECTION?**



## **REMEMBER THE BASICS**



**Wash your hands  
for 20 seconds.**

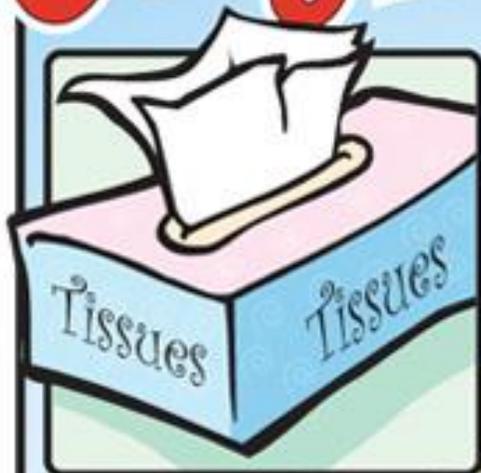


**Cover your cough  
and sneeze.**



**Stay home  
if you are sick.**

# Cover Your Cough and Sneeze!



Use a tissue to cover your mouth and nose.



If you don't have a tissue, sneeze or cough into your arm.



# Don't shake hands. Try this instead!



Hand  
over  
heart



Tip the  
hat



Namaste



Shaka  
sign



Salute



Live  
long  
and  
prosper

← Stay 6 feet apart! →

## **Poster 6**

Hand Washing Procedure.

To be located in washrooms by the sinks.

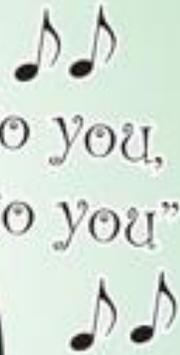
# Wash Your Hands!



- Use soap and warm water.
- Wash for 20 seconds. (The time it takes to sing "Happy Birthday" twice.)



*"Happy Birthday to you,  
Happy Birthday to you"*



- Rinse hands well.
- Dry your hands with a paper towel or air dryer.



## **Poster 7**

STOP:

To be placed at exit from the washrooms.

# STOP



**Did you wash  
your hands?**

**Clean hands reduce the  
spread of germs.**